



Transforming Your Anger and Conflict

Does unresolved anger or conflict cause you problems at home or at work? If so, this group may be for you.

This **weekly, eight-session skills group** will provide practical information on the nature of anger, effective strategies for responding to it, as well as conflict resolution techniques to improve personal and work relationships.

March 15 – May 10, 2016*
Tuesdays from 12:00pm – 1:00pm
(no session on April 5)

Faculty Staff Assistance Program
1762 Clifton Rd, Suite 1100
Atlanta, GA 30322

** Prior to joining the group, all prospective participants must schedule a pre-screening appointment by **March 7**. Please note there is no group on April 5. Contact FSAP at **404-727-4328** to schedule. Open to all Emory University and Emory Healthcare employees. Space is limited.*

